



ATHENIAN DIALOGUE

Wednesday, September 18, 2019

9:00 a.m. - 4:30 p.m.

Westbrook Town Hall Multi-Media Room

866 Boston Post Road, Westbrook, CT

\$150 per person (includes lunch)

BECOMING

MICHELLE OBAMA

IN A LIFE filled with meaning and accomplishment, Michelle Obama has emerged as one of the most iconic and compelling women of our era. As First Lady of the United States of America—the first African American to serve in that role—she helped create the most welcoming and inclusive White House in history, while also establishing herself as a powerful advocate for women and girls in the U.S. and around the world, dramatically changing the ways that families pursue healthier and more active lives, and standing with her husband as he led America through some of its most harrowing moments. Along the way, she showed us a few dance moves, crushed Carpool Karaoke, and raised two down-to-earth daughters under an unforgiving media glare.

In her memoir, a work of deep reflection and mesmerizing storytelling, Michelle Obama invites readers into her world, chronicling the experiences that have shaped her—from her childhood on the South Side of Chicago to her years as an executive balancing the demands of motherhood and work, to her time spent at the world's most famous address. With unerring honesty and lively wit, she describes her triumphs and her disappointments, both public and private, telling her full story as she has lived it—in her own words and on her own terms. Warm, wise, and revelatory, *Becoming* is the deeply personal reckoning of a woman of soul and substance who has steadily defied expectations—and whose story inspires us to do the same.

What is an Athenian Dialogue?

Athenian Dialogues explore leadership principles and practice, drawing on the insights contained in a book that all participants have read. Dialogues are conversations in which clerks share their experience and understanding as it relates to the ideas of the author and the relevance of those ideas to their public leadership role.

Read the book, participate in class and complete assessment – 3 CMC or MMC points

Facilitator: Dawn Michanowicz, MMC, CMMC

Dawn Michanowicz is a Master Municipal Clerk and a popular Facilitator who brings creativity, joy and humor. After working 45 years, she is retired and pursuing her passions: to teach, travel, ski and share time with friends.

In the 1970's, Dawn was a candidate for her dream job in the U.S. Foreign Service. She was not able to pursue that career due to discrimination against women. It was a convoluted journey to reach her public service position as Master Town Clerk in Massachusetts. During the next five decades she wore many hats, always challenging herself, doing that which she loved, including: a start-up import/export company in New York City, a wine tasting business and a dance studio in Worcester. In 2004 she began to study Reflexology and Acutonics to manage her chronic physical pain. Today she is a Certified Practitioner of *Energy Medicine* and Reiki teaching stress management techniques to individuals and large groups. She loves sharing knowledge. This is her 23rd Dialogue.

A note from Dawn: "As you read these chapters, take notes. Mark up what speaks to you. We'll have fun exchanging thoughts particularly of characters in the book that evoke emotions: positive or unwittingly frustrating!"

ATHENIAN DIALOGUE REGISTRATION FORM

Wednesday, September 18, 2019 (Deadline to register is Monday, September 16, 2019)

Name: _____ Title/Town: _____
Office/Cell Phone: _____
Email: _____

***This Athenian Dialogue is being held as a fundraiser for NEACTC 2023.
Please return this form with your check for \$150.00 payable to NEACTC 2023 to:***

Michele R. Grande, MCTC-MMC, Redding Town Clerk
P.O. Box 1028, Redding Center, CT 06875-1028

Questions? Call Michele at (203) 938-2377 or email townclerk@townofreddingct.org

**Water's Edge will honor the CTCA room rate for Tuesday night (\$170)
Reservations: Call 1-800-222-5901 or [click here](#) for Online Reservation Link - Group Code is 284154**